

# Announcements

**Garden Bounty:** The Garden Bounty table is back! Fresh fruits and vegetables from local gardens are for sale to help support missions. Across from Panera in the Atrium. Growers wanted! Contact: Rachel Davis (rachedavis@gmail.com).

**Mom's Mornings Out:** For moms of kids up to Grade 5. This summer, join other Valley Springs moms at neighborhood parks on selected Tuesday mornings for fellowship and playtime for our kids! See [valleysprings.org/women](http://valleysprings.org/women) for schedule and locations!

**Homeschool Enrichment Program:** Are you homeschooling and interested in attending a daytime women's Bible study? Concurrent with the Thursday women's Bible study, we will offer an enrichment program for children in grades 2 - 8. The program includes Bible study as well as art, music, science, cooking, and more. High schoolers are invited to help with the program for infants - 1<sup>st</sup> grade. Begins September 8<sup>th</sup>. Details to follow in August. Contact: Carole Pleis ([carole@valleysprings.org](mailto:carole@valleysprings.org)).

**Dinners for Eight:** An opportunity for you to deepen relationships within our church. In September, dinner groups consisting of eight (or so) people will begin meeting each month for 4 months. The host provides the main dish, others contribute side dishes. Each month your group rotates homes and hosts. It's a great way to deepen your faith around the table! Sign up online: [valleysprings.org/dinners](http://valleysprings.org/dinners).

**Genesis Process Change Groups for Men:** Helping you to make a real change in unhealthy behaviors, addictions, and attitudes. Get to the heart of the problem from a Biblical and physiological perspective. High-commitment small group sessions held for 24 weeks, beginning in September. More info to follow. Contact: Rebecca Sassenrath, [rs@rebecca4realife.com](mailto:rs@rebecca4realife.com).

## Meet an Elder

Elders will be available in the Lobby after both services today. They would love to meet you, talk with you, and pray for you. They can answer questions you may have about Valley Springs, or suggest ways to get connected.

For more information, visit [www.valleysprings.org](http://www.valleysprings.org)

# Order of Service

11<sup>th</sup> week after Pentecost

July 31<sup>st</sup>, 2016

## Gathered by God for Worship

Welcome

Call to Worship

Psalm 84:1-4, 10-12

Songs of Praise

*Praise to the Lord the Almighty  
King of Love*

## Renewed by God Through Grace

Confession of Sin

Songs of Renewal

*Oh How I Need You (Find You)  
Nothing But the Blood (Plainfield)*

## Set Apart by God for Service in Every Area of Life

Testimony: Estevez Family (9:00am service)

Baptism (10:45am service)

Kimberly Mae Cook

Kids' Dismissal

Offering

Sermon

## Sent by God to Serve Our World Together

Song of Response

*'Tis So Sweet to Trust in Jesus*

Blessing

<b>General Offering: July 18 - July 24.....</b>	<b>\$ 16,496</b>
Weekly Budget Need.....	\$ 33,925
Last Week's Deficit.....	(\$ 17,429)
Budget Deficit (YTD).....	(\$ 177,516)

This information can also be found at [valleysprings.org](http://valleysprings.org)

# Readings

## Scripture

<sup>24</sup> “No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.

<sup>25</sup> “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? <sup>26</sup> Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? <sup>27</sup> And which of you by being anxious can add a single hour to his span of life? <sup>28</sup> And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, <sup>29</sup> yet I tell you, even Solomon in all his glory was not arrayed like one of these. <sup>30</sup> But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? <sup>31</sup> Therefore do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ <sup>32</sup> For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. <sup>33</sup> But seek first the kingdom of God and his righteousness, and all these things will be added to you.

<sup>34</sup> “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.”

- Matthew 6:24-34 (*English Standard Version*)

## Reflection

Our basic choice of which of two masters we intend to serve will radically affect our attitude to both. We shall not be anxious about the one (for we have rejected it), but concentrate our mind and energy on the other (for we have chosen him); we shall refuse to become engrossed in our own concerns, but instead seek first the concerns of God.

- John Stott, *The Message of the Sermon on the Mount* (p. 160)

Rejoice in the Lord always; again I will say, rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

- Philippians 4:4-7 (*English Standard Version*)

# Sermon Outline

**Worry and Its Remedy**  
Matthew 6:24-34

*And His Disciples Came to Him*  
Brad Anderson

**Jesus calls his disciples to a point of decision: Who or what will get our full devotion?** (Matthew 6:24-25)

*How does a decision to give our full devotion to God free us from anxiety?*

**Fully devoted to God we are free to receive His care...** (Matthew 6:25-30)

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**Fully devoted to God we are free to seek first His kingdom...** (Matthew 6:31-33)

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**Fully devoted to God we are free to live for Him one day at a time...**

(Matthew 6:34)

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**Reflection Questions** (*taken in part from the Serendipity Study Bible for Groups*)

- When you were a teenager, what did your parents think about your clothes: Weird? Indecent? Bizarre?
- What is the “therefore” there for in Matthew 6:25? How does Jesus call his disciples to a point of decision in Matthew 6:24?
- How does the choice of treasure, master, and sight, affect your attitude toward life? (Look back at Matthew 6:19-27 to shape your answer.)
- What does God’s care for the birds and lilies teach you? How does the work ethic fit into this passage? How does faith?
- Describe the spiritual principle in Matthew 6:25-34. What does it mean to “seek first his kingdom and his righteousness”? How does this statement summarize Matthew 5:1-10?
- Why pray when you can worry? What causes you the most worry? What are the signs that indicate you are worrying too much?