

# Readings

## Scripture

<sup>10</sup> So then, as we have opportunity, let us do good to everyone, and especially to those who are of the household of faith.

- Galatians 6:10 (*English Standard Version*)

## Reflection

There is no safe investment. To love at all is to be vulnerable. Love anything, and your heart will certainly be wrung and possibly broken. If you want to make sure of keeping it intact, you must give your heart to no one, not even to an animal. Wrap it carefully round with hobbies and little luxuries; avoid all entanglements; lock it up safe in the casket or coffin of your selfishness. But in that casket—safe, dark, motionless, airless—it will change. It will not be broken; it will become unbreakable, impenetrable, irredeemable. The alternative to tragedy, or at least to the risk of tragedy, is damnation. The only place outside of heaven where you can be perfectly safe from all the dangers and perturbations of love is hell.

- CS Lewis, *The Four Loves* (p. 121)

# Sermon Outline

**How Can I Make the Most of My Life? Pt. 1** *The Rooted Experience*  
Galatians 6:10 Brad Anderson

*In order to serve, love must break your heart...* (Galatians 6:10)

## In what directions does love break your heart?

Love toward God... (Mark 10:35-45)

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Love toward self... (Romans 12:3)

- Grace must quench our low view of self (Self-Loathing)
- Grace must quench our high view of self (Self-Importance)

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Love towards others... (Matthew 9:35-38)

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## Reflection Questions (taken in part from the Serendipity Study Bible for Groups)

- What changes how you love?
- Give examples of ways or phrases that are used in our culture today that reflect the lack of grace toward self, either in self-loathing or in self-importance. How does grace of Jesus Christ quench the thirst of both of these errors? How does grace both ground the follower of Jesus Christ and move the follower of Jesus Christ toward the need of others?
- Apart from God's compassion for you through Jesus, what's the greatest act of compassion someone has shown to you?
- What hinders you from being more compassionate to others? What brings you the greatest joy in showing compassion?
- Make a list of specific people (you don't have to know their names) you feel led to bless with your presence, words, or actions so they might see Jesus. If you have a job, how do you see your workplace as a mission field in which God has placed you? How have you, or how do you plan to, introduce people to the life found in Jesus Christ in your community?