

JANUARY 16, 2022

*Lord, teach us to*

**P R A Y**

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## GATHERED BY GOD FOR WORSHIP

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Call to Worship

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*Everlasting God (Strength Will Rise)*

*Come Thou Fount*

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## RENEWED BY GOD THROUGH GRACE

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*His Mercy Is More*

*Jesus Strong and Kind*

## SET APART BY GOD

Offering

Sermon

The Lord's Supper

Profession of Faith

The Apostle's Creed

## SENT BY GOD

Song of Response

*Into the Holy Place*

Blessing

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# READINGS

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## CALL TO WORSHIP

<sup>1</sup> Bless the Lord, O my soul,  
and all that is within me,  
bless his holy name!

<sup>2</sup> Bless the Lord, O my soul,  
and forget not all his benefits,

<sup>3</sup> who forgives all your iniquity,  
who heals all your diseases,

<sup>4</sup> who redeems your life from the pit,  
who crowns you with steadfast love and mercy,

<sup>5</sup> who satisfies you with good  
so that your youth is renewed like the eagle's.

- Psalm 103:1-5 (*English Standard Version*)

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# SONGS

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## EVERLASTING GOD (STRENGTH WILL RISE)

(Words and Music by Brenton Brown and Ken Riley, 2005)

Strength will rise as we wait upon the Lord

We will wait upon the Lord; we will wait upon the Lord.

Our God, you reign forever; our hope, our Strong Deliverer.

*You are the everlasting God, the everlasting God*

*You do not faint, You won't grow weary.*

*You're the Defender of the weak; you comfort those in need.*

*You lift us up on wings like eagles.*

## COME THOU FOUNT (Words and Music by John Wyeth and Robert Robinson)

Come, Thou fount of ev'ry blessing, tune my heart to sing Thy grace;

Streams of mercy, never ceasing, call for songs of loudest praise:

Teach me some melodious sonnet, sung by flaming tongues above;

Praise the mount! I'm fixed upon it, mount of Thy redeeming love.

Here I raise mine Ebenezer; hither by Thy help I'm come;

And I hope, by Thy good pleasure, safely to arrive at home:

Jesus sought me when a stranger, wand'ring from the fold of God;

He, to rescue me from danger, interposed His precious blood.

(Continued on next page)

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# SONGS

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O, to grace how great a debtor daily I'm constrained to be!  
Let Thy grace, Lord, like a fetter, bind my wand'ring heart to Thee:  
Prone to wander, Lord I feel it, prone to leave the God I love;  
Here's my heart, Lord, take and seal it; seal it for Thy courts above.

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## READINGS

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### CONFESSION OF SIN

- <sup>8</sup>The Lord is merciful and gracious,  
slow to anger and abounding in steadfast love.  
<sup>9</sup>He will not always chide,  
nor will he keep his anger forever.  
<sup>10</sup>He does not deal with us according to our sins,  
nor repay us according to our iniquities.

- Psalm 103:8-10 (*English Standard Version*)

### DECLARATION OF GRACE

- <sup>11</sup>For as high as the heavens are above the earth,  
so great is his steadfast love toward those who fear him;  
<sup>12</sup>as far as the east is from the west,  
so far does he remove our transgressions from us.  
<sup>13</sup>As a father shows compassion to his children,  
so the Lord shows compassion to those who fear him.

- Psalm 103:11-13 (*English Standard Version*)

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# SONGS

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## **HIS MERCY IS MORE** *(Words and Music by Matt Boswell and Matt Papa, 2016)*

What love could remember no wrongs we have done?  
Omniscient, all knowing, He counts not their sum.  
Thrown into a sea without bottom or shore,  
Our sins, they are many; His mercy is more.

What patience would wait as we constantly roam?  
What Father, so tender, is calling us home?  
He welcomes the weakest, the vilest, the poor.  
Our sins, they are many; His mercy is more.

What riches of kindness He lavished on us.  
His blood was the payment; His life was the cost.  
We stood 'neath a debt we could never afford.  
Our sins, they are many; His mercy is more.

*Praise the Lord, His mercy is more.  
Stronger than darkness, new every morn.  
Our sins, they are many; His mercy is more.*

## **JESUS STRONG AND KIND** *(Words and Music by Colin Buchanan, Michael Farren, Jonny Robinson, and Rich Thompson, 2019)*

Jesus said that if I thirst, I should come to him.  
No one else can satisfy, I should come to him.

Jesus said if I am weak, I should come to him.  
No one else can be my strength, I should come to him.

*For the Lord is good and faithful.  
He will keep us day and night.  
We can always run to Jesus.  
Jesus, strong and kind.*

Jesus said that if I fear, I should come to him.  
No one else can be my shield, I should come to him.

Jesus said if I am lost, he will come to me.  
And he showed me on that cross, he will come to me.

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# READINGS

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## SCRIPTURE

<sup>1</sup> Now Jesus was praying in a certain place, and when he finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples."

- Luke 11:1 (*English Standard Version*)

<sup>9</sup> Pray then like this:

"Our Father in heaven,  
hallowed be your name.

<sup>10</sup> Your kingdom come,  
your will be done,  
on earth as it is in heaven.

<sup>11</sup> Give us this day our daily bread,

<sup>12</sup> and forgive us our debts,  
as we also have forgiven our debtors.

<sup>13</sup> And lead us not into temptation,  
but deliver us from evil.

- Matthew 6:9-13 (*English Standard Version*)

## REFLECTION QUESTIONS

(taken in part from the *Serendipity Study Bible for Groups*)

- What do you remember from your childhood about prayer? What were you taught to pray? By whom?
- Have you ever struggled to use rote prayer for fear of it becoming only empty words? Describe that struggle. Have you ever committed a prayer to memory? How was that prayer used by God in your life?
- What are the six petitions of the Lord's Prayer?
- What concerns toward God are expressed in the first three petitions?
- What concerns about community or the person are expressed in the last three petitions?
- Pray the Lord's Prayer or write down the Lord's Prayer as much as you know. Next, write the Lord's Prayer out in your own words, or pray the Lord's Prayer as a pattern for your prayer. Go slowly, take pauses and consider what you are praying for. Ask God for help to pray this prayer that is given for the disciples from your heart.
- What do you notice about plural pronouns and adjectives in this prayer?
- Do you have any bad habits related to prayer that you would like to see change? From Jesus' model prayer, what do you want to practice and pass along to your family?



# — REFLECTION QUOTES —

Let me begin this explanation by saying directly that its meaning is inexhaustible, that it is impossible to give this prayer one final and conclusive explanation. As with the Gospels, The Lord's Prayer is always addressed to each of us personally anew, in a way which makes it seem to have been composed specifically for me, for my needs, for my questions, for my pilgrimage. Yet, at the same time it remains eternal and unchanging in its essence, always calling us to what is most important, to the ultimate, to the highest.

- Alexander Schmemmann, *Our Father* (p. 17)



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# READINGS

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## PROFESSION OF FAITH: THE APOSTLE'S CREED

I believe in God the Father Almighty,  
Maker of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
and born of the virgin Mary.

He suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended into hell.

The third day he rose again from the dead.

He ascended into heaven  
and is seated at the right hand of God the Father Almighty.  
From there he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic\* church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

\* ("catholic" means "world-wide" in scope rather than regional or sectarian)

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# SONGS

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## INTO THE HOLY PLACE (Words and Music by Thena Beam, 2022)

How can I pour my heart out now before You?  
How can I praise the One who made it all,  
When You have angels ever to adore You,  
And all creation lives to sing Your song?

*Yet I will pray to You, gracious Father,  
I will sing to You, precious Son.  
And through Christ's "It is done"  
I know that I can come into the holy place*

I bring it all, my cares and my confessions,  
My heavy heart, too hardened to receive,  
For I am weak, and so often faithless  
And I need Your power to believe.

Help us to pray, daily as you taught us.  
That Thy will, and not ours be done;  
And give us grace to follow where you lead us.  
Til' that day when you call us home.





# ANNOUNCEMENTS

**MEN'S AND WOMEN'S BIBLE STUDIES:** New Bible studies for men and women begin in January. Registration open now. See the insert in today's bulletin, or [valleysprings.org](http://valleysprings.org) for details.

**FAMILY MEXICO MISSION TRIP:** The Family Mexico Mission trip is a great opportunity to serve the Lord and the people of Mexico with your immediate family and your Valley Springs family. The trip is from 7/16/22 to 7/23/22. Secure your spot(s) on the trip right now, by paying a \$100 deposit per person. Don't wait! Designate checks "Family Mexico Trip". Registration deposits are due by March 15th. Info meeting Sunday, January 23<sup>rd</sup>, at 11:30am, in the Middle School Room. Contact: Marcel Weiland ([marcelweiland@comcast.net](mailto:marcelweiland@comcast.net)).

**AUCTION ITEMS NEEDED:** We are looking for donations of items to be sold at our 2022 Missions Auction! Get your spring cleaning done early. We need donations of good, sale-able items like (new) small appliances, housewares, unused gift cards, artwork, collectibles, and the like. Do you have an awesome cabin or timeshare? Do you perform a service professionally? We can auction those off too! Physical items can be dropped off at the office. For more information, contact Isaac Noschka: ([isaac@valleysprings.org](mailto:isaac@valleysprings.org) / (916) 786-7940 x140).

**GET ACQUAINTED OPEN HOUSE:** Meet the pastors and other attenders in a casual setting, Sunday, January 30<sup>th</sup>, 4pm to 5:30pm. At the Allred house: 3920 Gregory Lane, Loomis. Families welcome. Light refreshments will be served. Questions? or to RSVP, contact Dana Allred ([dana@valleysprings.org](mailto:dana@valleysprings.org)).

**WELCOME TEAM MEETING:** Stand-up meeting for those currently service on the Welcome Team and anyone who is interested in serving on the Welcome Team. Sunday, January 30<sup>th</sup>, in the Lobby, 9:15am-9:45am. Contact: Dana Allred ([dana@valleysprings.org](mailto:dana@valleysprings.org)).

*For more information, visit [www.valleysprings.org](http://www.valleysprings.org)*

## OUR MISSION

Valley Springs Presbyterian Church is an intergenerational community of grace, learning to love God, and serve our world, together.

### ELDER ON-CALL

(916) 786-7940, option 5  
[elders@valleysprings.org](mailto:elders@valleysprings.org)

### CARE MINISTRIES & ASSISTANCE REQUESTS

(916) 786-7940, option 4  
[info@valleysprings.org](mailto:info@valleysprings.org)



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