

ALIVE  
*in*  
CHRIST

A photograph of a wooden cross with a white cloth draped over it. The cross is made of weathered wood and is set against a background of green trees and a blue sky. The text "ALIVE in CHRIST" is written on the cross, with "ALIVE" and "CHRIST" in a bold, serif font and "in" in a cursive script. The white cloth is draped over the horizontal beam of the cross, creating soft folds and shadows. The lighting is bright, suggesting a sunny day.

# ORDER OF SERVICE

## GATHERED BY GOD FOR WORSHIP

Welcome

Call to Worship

Psalm 29:1-2

Songs of Praise

*Agnus Dei*

*Holy, Holy, Holy (Nicaea)*

Prayer of Adoration

## RENEWED BY GOD THROUGH GRACE

Confession of Sin

Psalm 102:1-2

Declaration of Grace

Psalm 106:7-12

Songs of Renewal & Gratitude

*The Lord Is My Salvation*

*Jesus Paid It All*

## SET APART BY GOD

Testimony of God's Grace: Maria Mobley

Offering

Sermon

The Lord's Supper

Profession of Faith

The Apostle's Creed

## SENT BY GOD

Song of Response

*Yet Not I But Through Christ in Me*

Blessing

<b>General Offering: May 17 - May 23.....</b>	<b>\$ 11,907</b>
Weekly Budget Need.....	\$ 26,808
Last Week's Deficit .....	(\$ 14,901)
Budget Deficit (YTD) .....	(\$ 172,621)

This information can also be found at [valleysprings.org](http://valleysprings.org)

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# READINGS

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## CALL TO WORSHIP

- <sup>1</sup> Ascribe to the Lord, O heavenly beings,  
ascribe to the Lord glory and strength.  
<sup>2</sup> Ascribe to the Lord the glory due his name;  
worship the Lord in the splendor of holiness.

- Psalm 29:1-2 (*English Standard Version*)

## CONFESSION OF SIN

- <sup>1</sup> Hear my prayer, O Lord;  
let my cry come to you!  
<sup>2</sup> Do not hide your face from me  
in the day of my distress!  
Incline your ear to me;  
answer me speedily in the day when I call!

- Psalm 102:1-2 (*English Standard Version*)

## DECLARATION OF GRACE

- <sup>7</sup> Our fathers, when they were in Egypt,  
did not consider your wondrous works;  
they did not remember the abundance of your steadfast love,  
but rebelled by the sea, at the Red Sea.  
<sup>8</sup> Yet he saved them for his name's sake,  
that he might make known his mighty power.  
<sup>9</sup> He rebuked the Red Sea, and it became dry,  
and he led them through the deep as through a desert.  
<sup>10</sup> So he saved them from the hand of the foe  
and redeemed them from the power of the enemy.  
<sup>11</sup> And the waters covered their adversaries;  
not one of them was left.  
<sup>12</sup> Then they believed his words;  
they sang his praise.

- Psalm 106:7-12 (*English Standard Version*)

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# READINGS

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## SCRIPTURE

<sup>16</sup> Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. <sup>17</sup> These are a shadow of the things to come, but the substance belongs to Christ. <sup>18</sup> Let no one disqualify you, insisting on asceticism and worship of angels, going on in detail about visions, puffed up without reason by his sensuous mind, <sup>19</sup> and not holding fast to the Head, from whom the whole body, nourished and knit together through its joints and ligaments, grows with a growth that is from God.

<sup>20</sup> If with Christ you died to the elemental spirits of the world, why, as if you were still alive in the world, do you submit to regulations— <sup>21</sup> “Do not handle, Do not taste, Do not touch” <sup>22</sup> (referring to things that all perish as they are used)—according to human precepts and teachings? <sup>23</sup> These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of the flesh.

- Colossians 2:16-23 (*English Standard Version*)

## PROFESSION OF FAITH: THE APOSTLE'S CREED

I believe in God the Father Almighty,  
Maker of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
and born of the virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended into hell.  
The third day he rose again from the dead.  
He ascended into heaven  
and is seated at the right hand of God the Father Almighty.  
From there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic\* church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

\* (“catholic” means “world-wide” in scope rather than regional or sectarian)

# SERMON OUTLINE

## What Can Change the Heart?

*Colossians 2:16-23*

*Paul calls out the false teaching in the church at Colossae, and shows his audience why mere rule-following cannot change someone's heart and only Jesus Christ can...*

### **What can't change the human heart?** (Colossians 2:16-19)

- Mere rule-following
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### **What can change the human heart?** (Colossians 2:20-23)

- Connection to Christ and His Body
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## REFLECTION QUESTIONS

- Do you feel that you have to do something to obtain God's favor?
- Do you feel that God is distant from you when things don't go your way?
- When you confess your sin to God, do you feel forgiven by Him?
- What do your answers to the first three questions say about your relationship with God?
- In the Parable of the Prodigal Son (Luke 15:11-32), which son do you relate most to?
- If you relate to the older son, how does John 6:37 speak to that?
- If you relate to the younger son, how does Matthew 5:17-19 speak to that?

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# SONGS

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## **AGNUS DEI** *(Words and Music by Michael W. Smith, 1990)*

Alleluia, alleluia, for the Lord God Almighty reigns.

Alleluia, alleluia, for the Lord God Almighty reigns.

Alleluia.

(You are) Holy, holy, are You, Lord God Almighty.

Worthy is the Lamb; worthy is the Lamb.

You are holy. Holy are You, Lord God Almighty.

Worthy is the Lamb; worthy is the Lamb.

Amen.

## **HOLY, HOLY, HOLY (NICAEA)** *(Words and Music by John Bacchus Dykes & Reginald Heber)*

Holy, holy, holy! Lord God Almighty!

Early in the morning our song shall rise to Thee

Holy, holy, holy! Merciful and mighty!

God in three persons, blessed Trinity

Holy, holy, holy! All the saints adore Thee,

Casting down their golden crowns around the glassy sea.

Cherubim and seraphim falling down before Thee,

Which wert, and art, and evermore shalt be.

Holy, holy, holy! Though the darkness hide Thee,

Though the eye of sinful man thy glory may not see.

Only Thou art holy; there is none beside Thee,

Perfect in pow'r, in love, and purity.

Holy, holy, holy! Lord God Almighty!

All Thy works shall praise Thy name in earth and sky and sea.

Holy, holy, holy! Merciful and mighty!

God in three persons, blessed Trinity.

## **THE LORD IS MY SALVATION** *(Words and Music by Frank Houghton)*

The grace of God has reached for me, and pulled me from the raging sea.

And I am safe on this solid ground: The Lord is my salvation.

I will not fear when darkness falls, His strength will help me scale these walls.

I'll see the dawn of the rising sun: The Lord is my salvation.

*Who is like the Lord our God? Strong to save, faithful in love.*

*My debt is paid and the vict'ry won: The Lord is my salvation.*

My hope is hidden in the Lord, He flow'rs each promise of His Word.

When winter fades, I know spring will come: The Lord is my salvation.

In times of waiting, times of need, when I know loss, when I am weak.

I know His grace will renew these days: The Lord is my salvation.

And when I reach the final day, He will not leave me in the grave.

But I will rise, He will call me home: The Lord is my salvation.

*(Continued on next page)*

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# SONGS

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Glory be to God, the Father, glory be to God, the Son,  
Glory be to God, the Spirit: The Lord is our salvation.

## JESUS PAID IT ALL

*(Words: Elvina M. Hall, 1865 / Music: John T. Grape, 1868 / Bridge: Alex Nifong, 2006)*

I hear the Savior say, "Thy strength indeed is small;  
Child of weakness, watch and pray, find in me thine all in all."

*Jesus paid it all, all to him I owe.*

*Sin had left a crimson stain, he washed it white as snow.*

Lord, now indeed I find Thy pow'r, and Thine alone,  
Can change the leper's spots and melt the heart of stone.

And when before the throne I stand in him complete,  
"Jesus died my soul to save," my lips shall still repeat.

Oh praise the one who paid my debt, who raised this life up from the dead.

## YET NOT I BUT THROUGH CHRIST IN ME

*(Words and Music by Jonny Robinson, Rich Thompson, and Michael Farren, 2018)*

What gift of grace is Jesus, my redeemer. There is no more for heaven now to give.  
He is my joy, my righteousness and freedom, my steadfast love, my deep and boundless  
peace.

To this I hold: my hope is only Jesus. For my life is wholly bound to his.

Oh how strange and divine, I can sing: all is mine! Yet not I, but through Christ in me.

The night is dark, but I am not forsaken, for by my side the Savior, he will stay.  
I labor on in weakness and rejoicing, for in my need, his power is displayed.

To this I hold: my Shepherd will defend me. Through the deepest valley he will lead.

Oh the night has been won, and I shall overcome! Yet not I, but through Christ in me.

No fate I dread, I know I am forgiven, the future sure, the price, it has been paid.  
For Jesus bled and suffered for my pardon, and he was raised to overthrow the grave.

To this I hold: my sin has been defeated. Jesus now, and ever, is my plea.

Oh the chains are released, I can sing: I am free! Yet not I, but through Christ in me.

With ev'ry breath I long to follow Jesus, for he has said that he will bring me home.  
And day by day I know he will renew me until I stand with joy before the throne.

To this I hold: my hope is only Jesus. All the glory evermore to him.

When the race is complete, still my lips shall repeat:

Yet not I, but through Christ in me.

# ANNOUNCEMENTS

**2021 SUMMER FAMILY FEST:** This year our Summer Family Fest is for everyone! Parents and kids through Grade 5 will attend together, and we need everyone else to volunteer! Three nights, June 23<sup>rd</sup>-25<sup>th</sup>, 6pm-8pm. Featuring dinner for everyone, worship, Bible lessons, crafts, and games. Full details and registration: [valleysprings.org/summerfest](http://valleysprings.org/summerfest).

**SUMMER FAMILY BBQ:** Everyone is invited to help us celebrate God's work during our Summer Family Fest week with delicious food, games, and the conclusion of our epic Tank Wars tournament! Saturday, June 26<sup>th</sup>, 6pm.

**WOMEN'S GATHERINGS:** Women are gathering in small, informal groups to foster community. Find a time and location that work for you: [valleysprings.org/women](http://valleysprings.org/women) Contact: Kara Miedema ([karamiedema@gmail.com](mailto:karamiedema@gmail.com)).

**SUMMER PARK DATES:** Join other Valley Springs moms for fellowship and playtime for our kids. 9am-10:30am on June 8<sup>th</sup> (Johnson Springview Park), June 15<sup>th</sup> (Mahany Park), June 29<sup>th</sup> (Olympus Park), July 6<sup>th</sup> (Royer Park), July 13<sup>th</sup> (Maidu Regional Park), July 20<sup>th</sup> (Hillsborough Park), July 27<sup>th</sup> (Central Park), and August 3<sup>rd</sup> (Madera Park). Contact: Kara Miedema ([karamiedema@gmail.com](mailto:karamiedema@gmail.com)).

**VALLEY SPRINGS CHRISTIAN PRESCHOOL:** Our weekday preschool program for 3's, 4's, and 5-year-olds. Registration for the 2021-22 school year is now open. See [www.valleyspringschristianpreschool.org](http://www.valleyspringschristianpreschool.org) or contact Danya Schulte: [danya@valleysprings.org](mailto:danya@valleysprings.org) / (916) 786-7940 x106.

**TEXT-TO-GIVE:** A new option to make giving easier. Simply text "give" to (669) 333-5880. You'll be asked to fill out a quick form to get set up for the first time. After that, giving is as easy as sending a text. Try it today!

*For more information, visit [www.valleysprings.org](http://www.valleysprings.org)*

## OUR MISSION

Valley Springs Presbyterian Church is an intergenerational community of grace, learning to love God, and serve our world, together.

## ELDER ON-CALL

(916) 786-7940, option 5  
[elders@valleysprings.org](mailto:elders@valleysprings.org)

## MERCY & CARE TEAM

(916) 786-7940, option 4  
[mercy@valleysprings.org](mailto:mercy@valleysprings.org)



**Valley Springs Presbyterian Church**

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